



# Feel the Love 5K

February 14, 2025

*Location: Chapel Parking Lot*

*Run begins at 0900*

*Sign up in advance at the Fitness Center or  
on the day of the run at 0830*

Teams of two will complete six  
obstacles along the 5K route.  
If not completed, team of two  
must do a physical activity for a  
number of reps before  
proceeding to the next station.



For more information, call the Fitness Center at 961-3164.



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